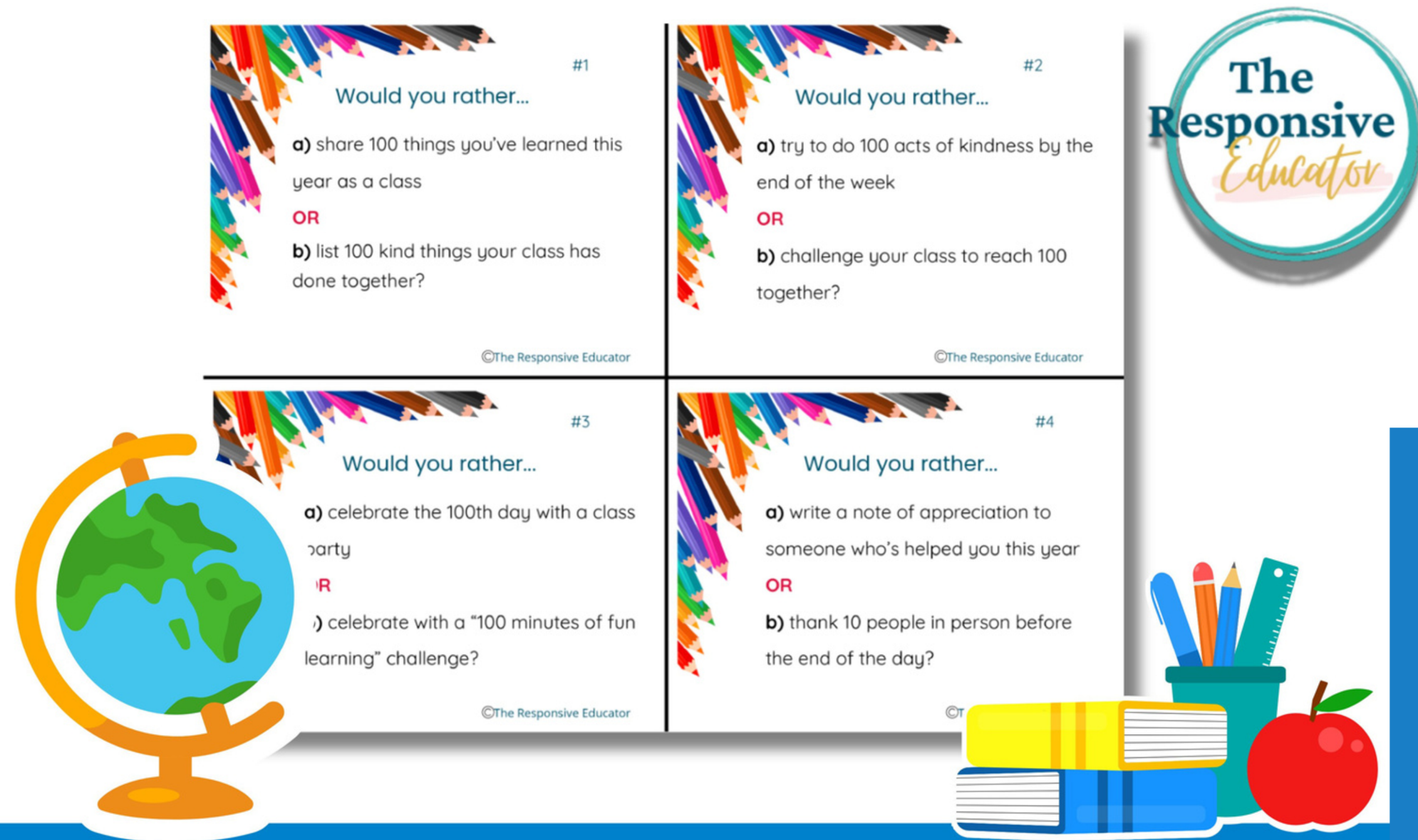


100 Days SEL Would You Rather... Write the Room Activity

Movement +
reflection to build
seasonal social
awareness

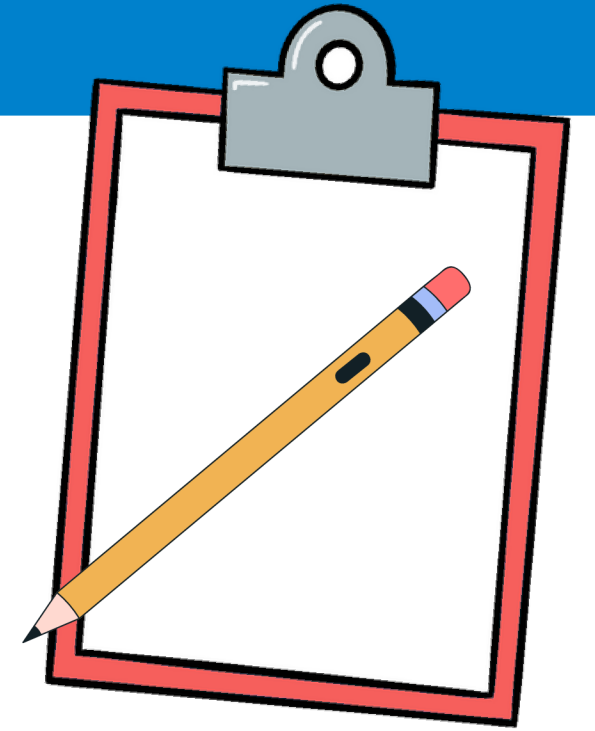


SCROLL
to take a look inside!

24 prompts • 3 response sheets
• Grades 3–6

WHY DO YOU NEED THIS RESOURCE?

- Celebrations = high energy + low focus
- Students benefit from practicing real social decisions
- You need meaningful work that still feels festive
- Movement helps channel excitement in a positive way





24 SEL “Would You Rather?” task cards with 100th Day-themed dilemmas



3 differentiated response sheets

- circle-only
- circle + quick write
- circle + quick write + reflection

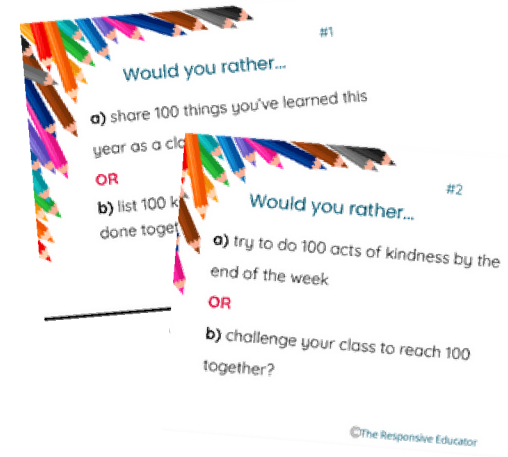


Teacher Reference Sheet
(setup, tips, and follow-up ideas)



Full list of prompts + SEL discussion questions

What's Included?



100th Day of School “Would You Rather...”
Student Response Sheet

Directions: Walk around the room to find the cards. Read the question and both choices. Record your answer by circling a or b. Continue into all cards are complete or you have completed the number of cards assigned by your teacher.

Card #	A or B?	Card #	A or B?	Card #	A or B?	Card #	A or B?
1	A B	6	A B	11	A B	16	A B
2	A B	7	A B	12	A B	17	A B
3	A B	8	A B	13	A B	18	A B
4	A B	9	A B	14	A B	19	A B
5	A B	10	A B	15	A B	20	A B

100th Day of School SEL “Would You Rather...”
Student Response Sheet

Directions: Walk around the room to find the cards. Read the question and both choices. Record your answer by circling a or b. Then write the choice in your own words. Continue into all cards are complete or you have completed the number of cards assigned by your teacher.

Card #	A or B?	I Chose (write the choice)
1	A B	
2	A B	
3	A B	
4	A B	
5	A B	

100th Day of School “Would You Rather...”
Student Response Sheet

Directions: Walk around the room to find the cards. Read the question and both choices. Record your answer by circling a or b. Then write the choice in your own words and add one brief reason. Continue into all cards are complete or you have completed the number of cards assigned by your teacher.

Card #	A or B?	I Chose (write the choice)	Why?
1	A B		
2	A B		
3	A B		
4	A B		
5	A B		



100th Day of School SEL “Would You Rather...”
Prompts & Optional Discussion Questions

- Would you rather...
a) share 100 things you've learned this year as a class.
b) OR list 100 kind things your class has done together?
(Reflection + community pride)
- Would you rather...
a) try to do 100 acts of kindness by the end of the week.
b) OR challenge your class to reach 100 together?
(Goal setting + teamwork)
- Would you rather...
a) celebrate the 100th day with a class party.
b) OR celebrate with a “100 minutes of fun learning” challenge?
(Joy + motivation)
- Would you rather...
a) write a note of appreciation to someone who's helped you this year.
b) OR thank 10 people in person before the end of the day?
(Gratitude + social connection)
- Would you rather...
a) imagine what school will be like in 100 years.
b) OR imagine what your life might be like when you're 100 years old?
(Creativity + perspective)
- Would you rather...
a) work with your class to come up with 100 ways to show kindness.
b) OR 100 ways to make learning fun?
(Collaboration + idea generation)
- Would you rather...
a) spend 100 seconds quietly reflecting on what you're proud of.

100th Day of School “Would You Rather...”
Teacher Reference Document

This Resource Includes

- 24 100th Day of School-themed SEL “Would You Rather?” task cards (numbered 1-24)
- 3 differentiated student response sheets:
 - Full Reflection Version (A/B + write choice + why)
 - Quick Write Version (A/B + write choice only)
 - Fast Track Version (A/B only)
- Teacher reference document (this file) with:
 - How to use this activity
 - Tips for classroom management + discussion
- Prompts & Discussion Questions Document containing:
 - Full list of all prompts with SEL focus areas
 - 10 open-ended discussion questions for whole-class or small-group reflection

To Use This Activity

Students move around the room, read each prompt, and record their choices. The activity builds empathy, perspective-taking, self-control, social reasoning, and respectful discussion.

Response Sheets- A Closer Look

Circle-Only Sheet

Quick, no-writing option. Students choose A or B — great for young writers or tight schedules.

Name _____ Date _____

100th Day of School "Would You Rather..." Student Response Sheet

Directions: Walk around the room to find the cards. Read the question and both choices. Record your answer by circling **a** or **b**. Continue into all cards are complete or you have completed the number of cards assigned by your teacher.

Card #	A or B?	Card #	A or B?	Card #	A or B?	Card #	A or B?	Card #	A or B?
1	A B	6	A B	11	A B	16	A B	21	A B
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3	A B	8	A B	13	A B	18	A B	23	A B
4	A B	9	A B	14	A B	19	A B	24	A B
5	A B	10	A B	15	A B	20	A B		

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Circle + Quick Write

Students choose A or B and restate the choice in their own words to show understanding.

Name _____ Date _____

100th Day of School SEL "Would You Rather..." Student Response Sheet

Directions: Walk around the room to find the cards. Read the question and both choices. Record your answer by circling **a** or **b**. Then write the choice in your own words. Continue into all cards are complete or you have completed the number of cards assigned by your teacher.

Card #	A or B?	I Chose (write the choice)
1	A B	
2	A B	
3	A B	
4	A B	
5	A B	

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Circle + Quick Write + Reflection

Adds one more layer: Why did you choose it? Perfect for deeper SEL thinking.

Name _____ Date _____

100th Day of School "Would You Rather..." Student Response Sheet

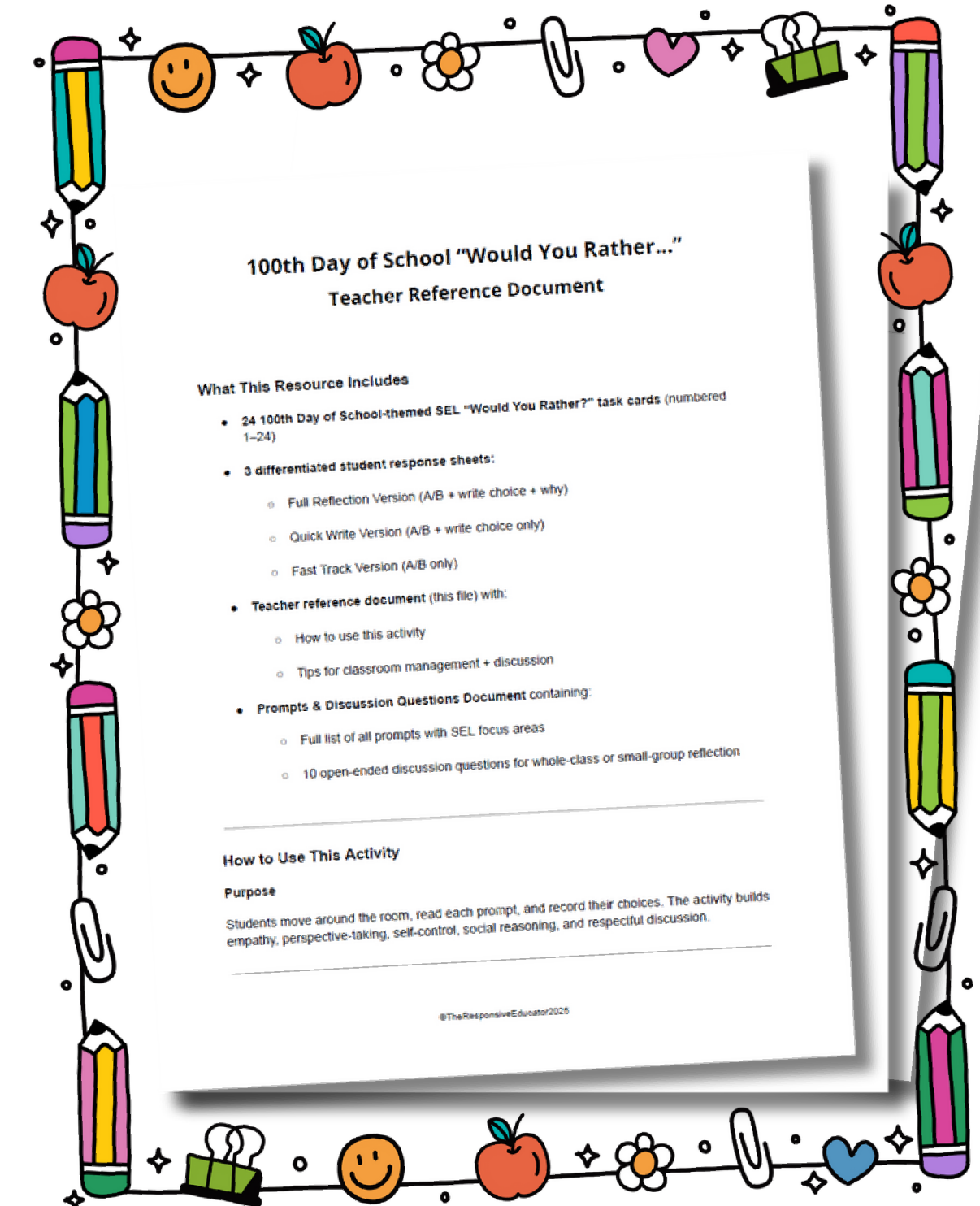
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Card #	A or B?	I Chose (write the choice)	Why?
1	A B		
2	A B		
3	A B		
4	A B		
5	A B		

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Teacher Guide That Makes Implementation Easy

- Clear directions for printing, posting, and managing movement
- Built-in classroom management tips for smoother transitions
- After-activity ideas to deepen SEL conversations
- Quick guide for choosing the right response sheet for your students



Built-In Discussion Questions

- ★ Full list of all prompts for quick reference
- ★ SEL focus areas included to support your lesson goals
- ★ 10 open-ended questions to spark deeper whole-class or small-group discussions



Benefits for Teachers

Saves You Time During a Busy Week

- ★ Print-and-go... no prep beyond posting cards.

Supports Positive Behavior on High-Energy Days

- ★ Movement reduces off-task behavior and helps kids regulate.

Keeps Students Engaged (Not Busywork)

- ★ Students are up, moving, reading, choosing, and reflecting.



Benefits for Students

Supports Emotional Regulation

- ★ Practice making thoughtful choices
- ★ Builds empathy and perspective-taking

Builds Real Social Decision-Making Skills

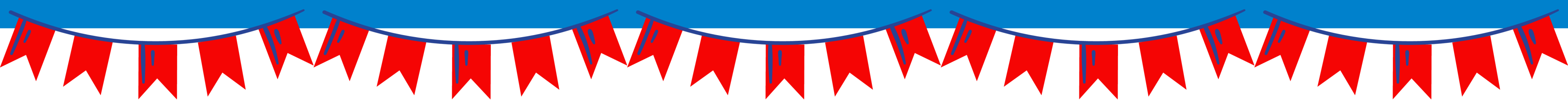
- ★ Provides a healthy outlet for energy
- ★ Choosing helps them process their thinking

Encourages Clear Communication & Reflection

- ★ Students restate choices in their own words
- ★ Optional reflection promotes deeper reasoning



Perfect For...



- Celebration schedule changes
- Centers or station rotations
- Sub plans during celebration weeks

- Morning meeting
- SEL lessons
- Counseling groups
- Movement breaks

Looking for More Like This?

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Individually
or Get the
Entire
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