Spring & Earth Day SEL Would You Rather...

Write the Room Activity



The Responsive Educator

Movement + reflection to build seasonal social awareness

SCROLL to take a look inside!

24 prompts • 3 response sheets • Grades 3–6

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WHY DO YOU NEED THIS RESOURCE?

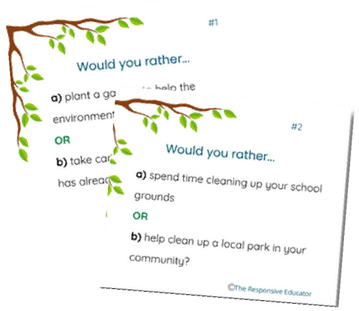


- Holiday weeks = high energy + low focus
- Students benefit from practicing real social decisions
- You need meaningful work that still feels festive
- Movement helps channel excitement in a positive way

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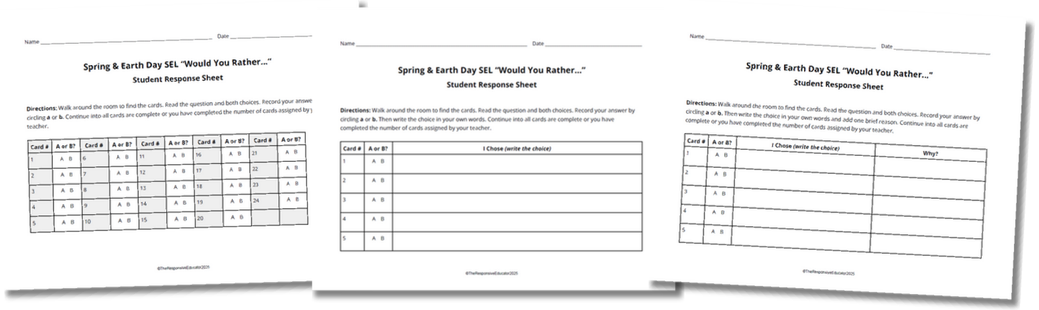
What's Included?

- 24 SEL "Would You Rather?" task cards with Spring & Earth Day - themed dilemmas





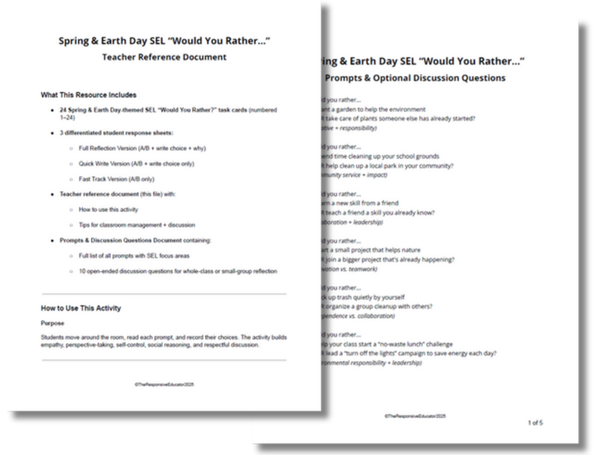
- 3 differentiated response sheets
  - circle-only
  - circle + quick write
  - circle + quick write + reflection



- Teacher Reference Sheet (setup, tips, and follow-up ideas)



- Full list of prompts + SEL discussion questions

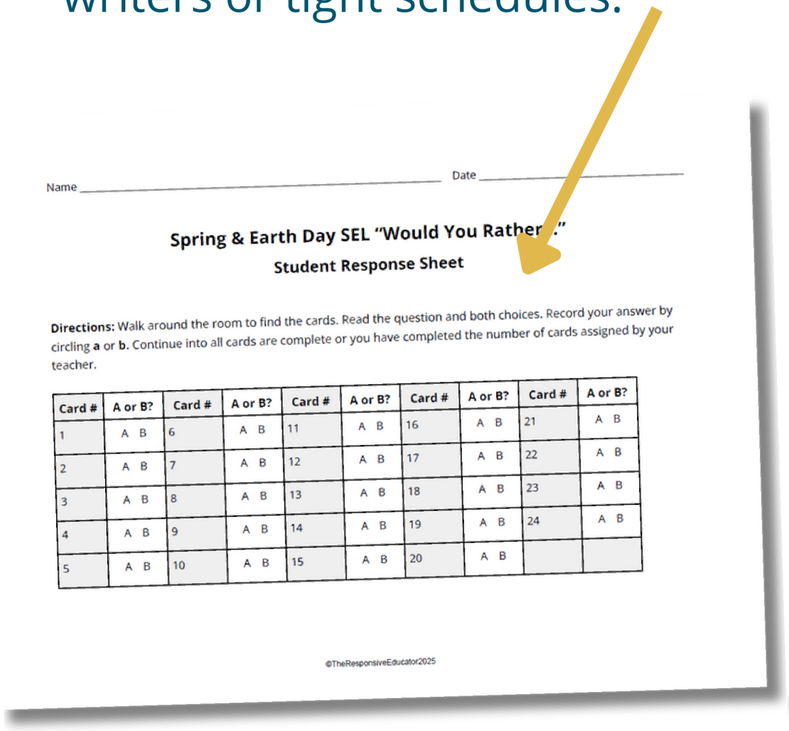


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Response Sheets- A Closer Look

Circle-Only Sheet

Quick, no-writing option. Students choose A or B — great for young writers or tight schedules.



Name _____ Date _____

Spring & Earth Day SEL "Would You Rather..."

Student Response Sheet

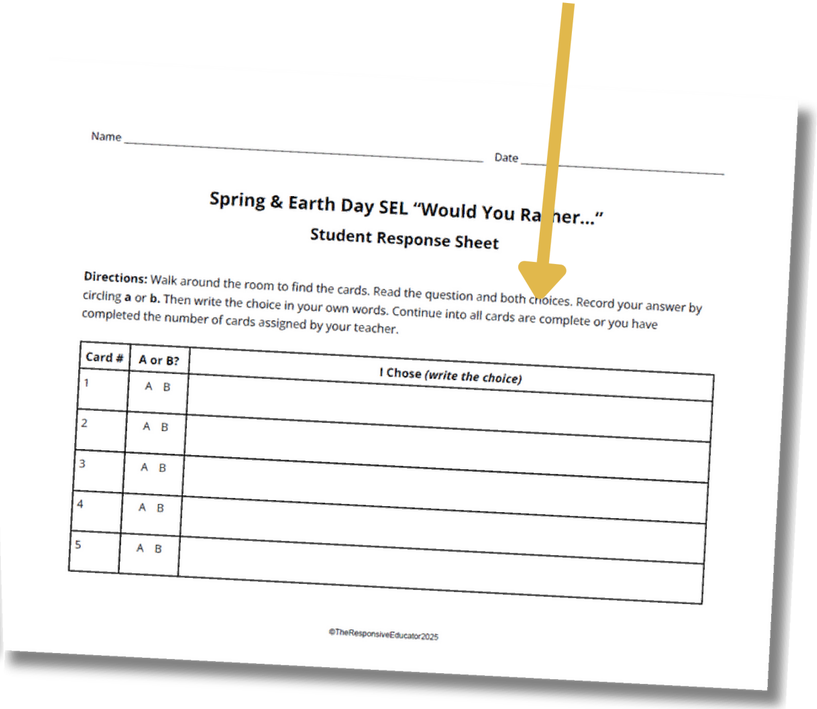
Directions: Walk around the room to find the cards. Read the question and both choices. Record your answer by circling **a** or **b.** Continue into all cards are complete or you have completed the number of cards assigned by your teacher.

Card #	A or B?	Card #	A or B?	Card #	A or B?	Card #	A or B?	Card #	A or B?
1	A B	6	A B	11	A B	16	A B	21	A B
2	A B	7	A B	12	A B	17	A B	22	A B
3	A B	8	A B	13	A B	18	A B	23	A B
4	A B	9	A B	14	A B	19	A B	24	A B
5	A B	10	A B	15	A B	20	A B		

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Circle + Quick Write

Students choose A or B and restate the choice in their own words to show understanding.



Name _____ Date _____

Spring & Earth Day SEL "Would You Rather..."

Student Response Sheet

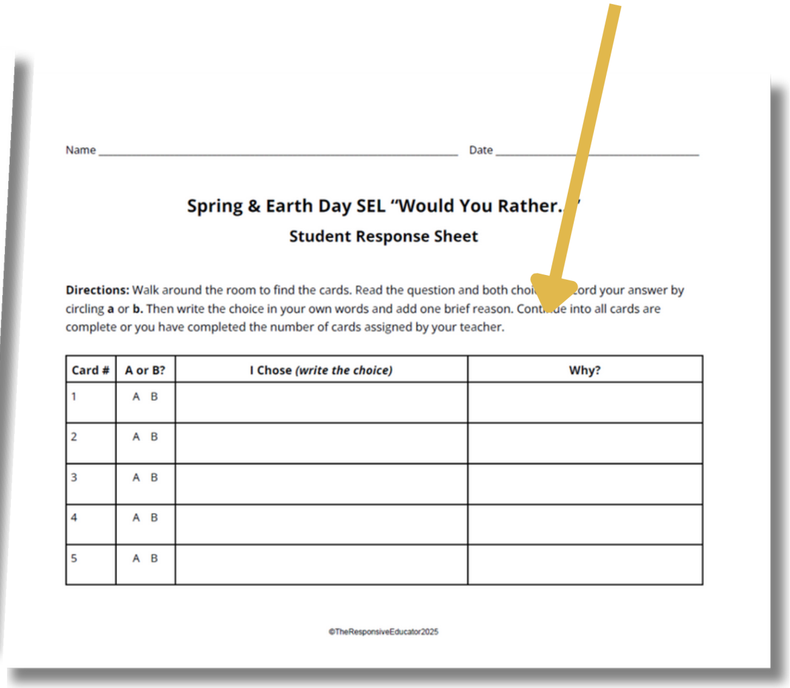
Directions: Walk around the room to find the cards. Read the question and both choices. Record your answer by circling **a** or **b.** Then write the choice in your own words. Continue into all cards are complete or you have completed the number of cards assigned by your teacher.

Card #	A or B?	I Chose *(write the choice)*
1	A B	
2	A B	
3	A B	
4	A B	
5	A B	

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Circle + Quick Write + Reflection

Adds one more layer: Why did you choose it? Perfect for deeper SEL thinking.



Name _____ Date _____

Spring & Earth Day SEL "Would You Rather..."

Student Response Sheet

Directions: Walk around the room to find the cards. Read the question and both choices. Record your answer by circling **a** or **b.** Then write the choice in your own words and add one brief reason. Continue into all cards are complete or you have completed the number of cards assigned by your teacher.

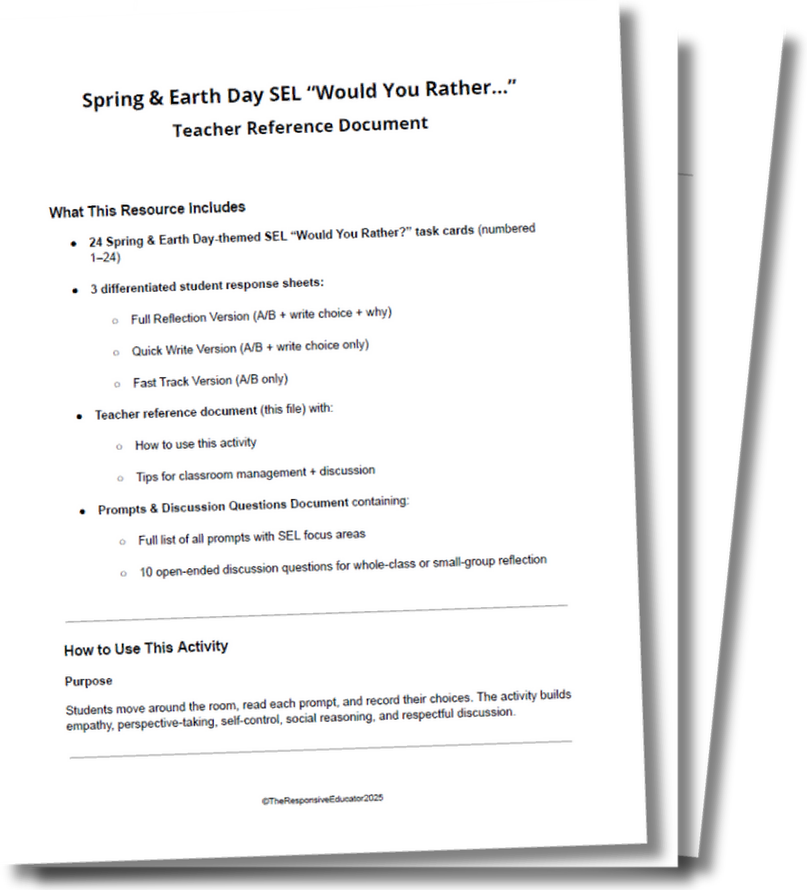
Card #	A or B?	I Chose *(write the choice)*	Why?
1	A B		
2	A B		
3	A B		
4	A B		
5	A B		

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Teacher Guide That Makes Implementation Easy

- Clear directions for printing, posting, and managing movement
- Built-in classroom management tips for smoother transitions
- After-activity ideas to deepen SEL conversations
- Quick guide for choosing the right response sheet for your students



Spring & Earth Day SEL "Would You Rather..."

Teacher Reference Document

What This Resource Includes

- **24 Spring & Earth Day-themed SEL "Would You Rather?" task cards** (numbered 1–24)
- **3 differentiated student response sheets:**
  - Full Reflection Version (A/B + write choice + why)
  - Quick Write Version (A/B + write choice only)
  - Fast Track Version (A/B only)
- **Teacher reference document** (this file) with:
  - How to use this activity
  - Tips for classroom management + discussion
- **Prompts & Discussion Questions Document** containing:
  - Full list of all prompts with SEL focus areas
  - 10 open-ended discussion questions for whole-class or small-group reflection

How to Use This Activity

Purpose

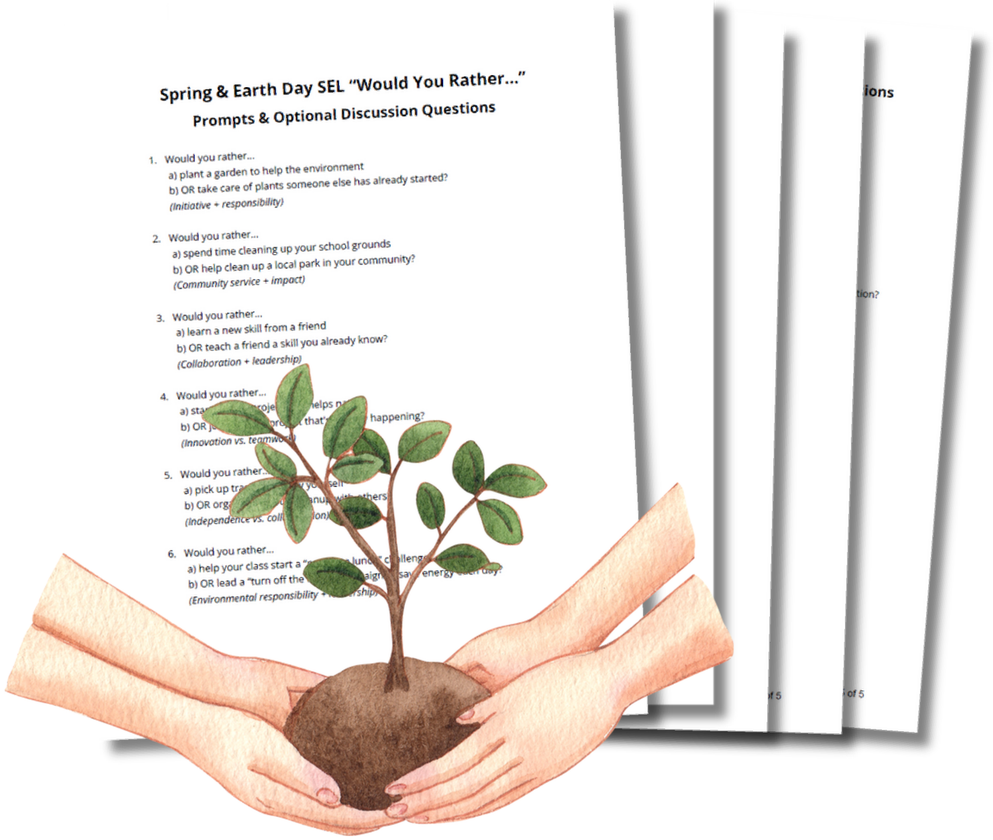
Students move around the room, read each prompt, and record their choices. The activity builds empathy, perspective-taking, self-control, social reasoning, and respectful discussion.

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Built-In Discussion Questions

- Full list of all prompts for quick reference
- SEL focus areas included to support your lesson goals
- 10 open-ended questions to spark deeper whole-class or small-group discussions



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Benefits for Teachers

Saves You Time During a Chaotic Week

- Print-and-go… no prep beyond posting cards.

Supports Positive Behavior on High-Energy Days

- Movement reduces off-task behavior and helps kids regulate.



Keeps Students Engaged (Not Busywork)

- Students are up, moving, reading, choosing, and reflecting.

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Benefits for Students

Supports Emotional Regulation

- Practice making thoughtful choices
- Builds empathy and perspective-taking

Builds Real Social Decision-Making Skills

- Provides a healthy outlet for energy
- Choosing helps them process their thinking

Encourages Clear Communication & Reflection

- Students restate choices in their own words
- Optional reflection promotes deeper reasoning



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Perfect For...

- Pre-holiday schedule changes
- Centers or station rotations
- Sub plans during holiday weeks
- Morning meeting
- SEL lessons
- Counseling groups
- Movement breaks

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