

Would You Rather... Write the Room BUNDLE

Movement and
reflection to build
social awareness
ALL YEAR LONG!

11 up-and-
moving
activities
with fun
themes!



SCROLL
to take a look inside!

ADDING MOVEMENT CAN RESULT IN MORE FOCUSED, BETTER-BEHAVED STUDENTS

- Movement reduces off-task behavior
- Students are meaningfully engaged, not doing busywork
- Built-in prompts make follow-up SEL discussions effortless





24 SEL “Would You Rather?” task cards for each of the 11 themes - Keep it relevant all year long!



3 differentiated response sheets

- circle-only
- circle + quick write
- circle + quick write + reflection



Teacher Reference Sheet (setup, tips, and follow-up ideas)



Full list of prompts + SEL discussion questions

What's Included?



Teacher Guide Makes Implementation Easy

Christmas SEL "Would You Rather..."

Teacher Reference Document

What This Resource Includes

- **24 Christmas-themed SEL “Would You Rather?” task cards** (numbered 1–24)
- **3 differentiated student response sheets:**
 - Full Reflection Version (A/B + write choice + why)
 - Quick Write Version (A/B + write choice only)
 - Fast Track Version (A/B only)
- **Teacher reference document** (this file) with:
 - How to use this activity
 - Tips for classroom management + discussion
- **Prompts & Discussion Questions Document** containing:
 - Full list of all prompts with SEL focus areas
 - 10 open-ended discussion questions for whole-class or small-group reflection

How to Use This Activity

Purpose

Students move around the room, read each prompt, and record their choices. The activity builds empathy, perspective-taking, self-control, social reasoning, and respectful discussion.

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Clear Directions

After the Activity Ideas

Extra Tips

Materials

- Printed task cards (laminated)
- Tape or sticky putty for posting
- One response sheet per student
- Pencils
- Clipboards or other hard surface

Setup

1. Print, cut, and post
2. Space cards apart
3. Give each student
4. Review movement

Tips: Students decide when to start and when to stop. You decide when to start and when to stop.

Student Direction

Use as-is or rework

1. Walk around
2. Read the
3. Record y
4. (Depend

After the Activity

- Add a brief reason
5. Continue until all cards (or assigned number) are complete.
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- ### After the Activity
- Discuss answers with a partner, group, or whole class
 - Use the included debrief questions for deeper reflection
 - Optional extension: choose one prompt and explain the reasoning in writing

Teaching Tips

- Works well for grades 3–6, SEL lessons, counseling, advisory, or small groups
- Also great for morning meeting, brain breaks, centers, or Friday reflections
- Laminate cards once to reuse each year
- Early finishers can write their own SEL “Would You Rather?” prompt or create a new card

Optional: Choosing Which Response Sheet to Use

	Best For	Time Needed
Fast Track (circle only)	Movement break, morning meeting, large group	10–15 min
Quick Write (A/B + choice)	Light reflection, station work	15–25 min
Full Reflection (A/B + choice + why)	Deeper SEL lesson, writing integration, counseling	25–40 min

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Easy to use and Differentiate

Circle-Only Sheet

Quick, no-writing option. Students choose A or B — great for young writers or tight schedules.

Name _____ Date _____

Christmas SEL "Would You Rather..."
Student Response Sheet

Directions: Walk around the room to find the cards. Read the question and both choices. Record your answer by circling **a** or **b**. Continue into all cards are complete or you have completed the number of cards assigned by your teacher.

Card #	A or B?	Card #	A or B?	Card #	A or B?	Card #	A or B?	Card #	A or B?
1	A B	6	A B	11	A B	16	A B	21	A B
2	A B	7	A B	12	A B	17	A B	22	A B
3	A B	8	A B	13	A B	18	A B	23	A B
4	A B	9	A B	14	A B	19	A B	24	A B
5	A B	10	A B	15	A B	20	A B		

Circle + Quick Write

Students choose A or B and restate the choice in their own words to show understanding.

Name _____ Date _____

Back to School SEL "Would You Rather..."
Student Response Sheet

Directions: Walk around the room to find the cards. Read the question and both choices. Record your answer by circling **a** or **b**. Then write the choice in your own words. Continue into all cards are complete or you have completed the number of cards assigned by your teacher.

Card #	A or B?	I Chose (write the choice)
1	A B	
2	A B	
3	A B	
4	A B	
5	A B	

Circle + Quick Write + Reflection

Adds one more layer: Why did you choose it? Perfect for deeper SEL thinking.

Name _____ Date _____

100th Day of School "Would You Rather..."
Student Response Sheet

Directions: Walk around the room to find the cards. Read the question and both choices. Record your answer by circling **a** or **b**. Then write the choice in your own words and add one brief reason. Continue into all cards are complete or you have completed the number of cards assigned by your teacher.

Card #	A or B?	I Chose (write the choice)	Why?
1	A B		
2	A B		
3	A B		
4	A B		
5	A B		

How does it work?

- 1 Print & cut out the prompts.
- 2 Post them around the classroom
- 3 Help students pick a response sheet that works for them
- 4 Students walk around the room answering each Would You Rather question on their sheet
- 5 Discuss as a class or in small groups!

Benefits for Teachers

Saves You Time During a Chaotic Week

- ★ Print-and-go... no prep beyond posting cards.

Supports Positive Behavior on High-Energy Days

- ★ Movement reduces off-task behavior and helps kids regulate.

Keeps Students Engaged (Not Busywork)

- ★ Students are up, moving, reading, choosing, and reflecting.



Benefits for Students

Supports Emotional Regulation

- ★ Practice making thoughtful choices
- ★ Builds empathy and perspective-taking
- ★ Consistent routines **all year long** provide a sense of security, stability, and predictability that reduces anxiety and promotes emotional well-being

Builds Real Social Decision-Making Skills

- ★ Provides a healthy outlet for energy
- ★ Choosing helps them process their thinking

Encourages Clear Communication & Reflection

- ★ Students restate choices in their own words
- ★ Optional reflection promotes deeper reasoning



Perfect For... The **WHOLE YEAR**

- Pre-holiday schedule changes
- Centers or station rotations
- Sub plans during holiday weeks
- Morning meeting
- SEL lessons
- Counseling groups
- Movement breaks

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