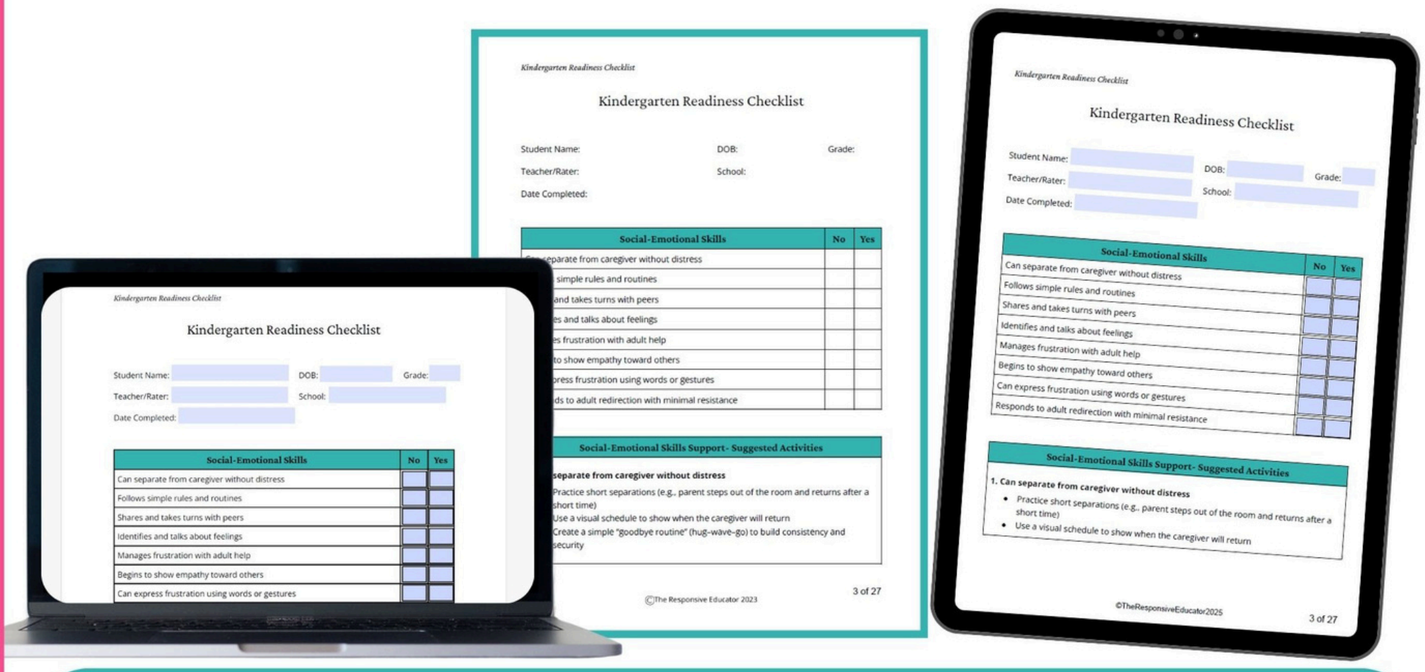
# Checklist for Kindergarten Readiness

The Responsive Educator




**Build a Strong Foundation for Kindergarten Success**

- Covers 11 Key Developmental Domains
- Play-Based Activities Linked to Each Skill
- Aligned with Early Learning Benchmarks

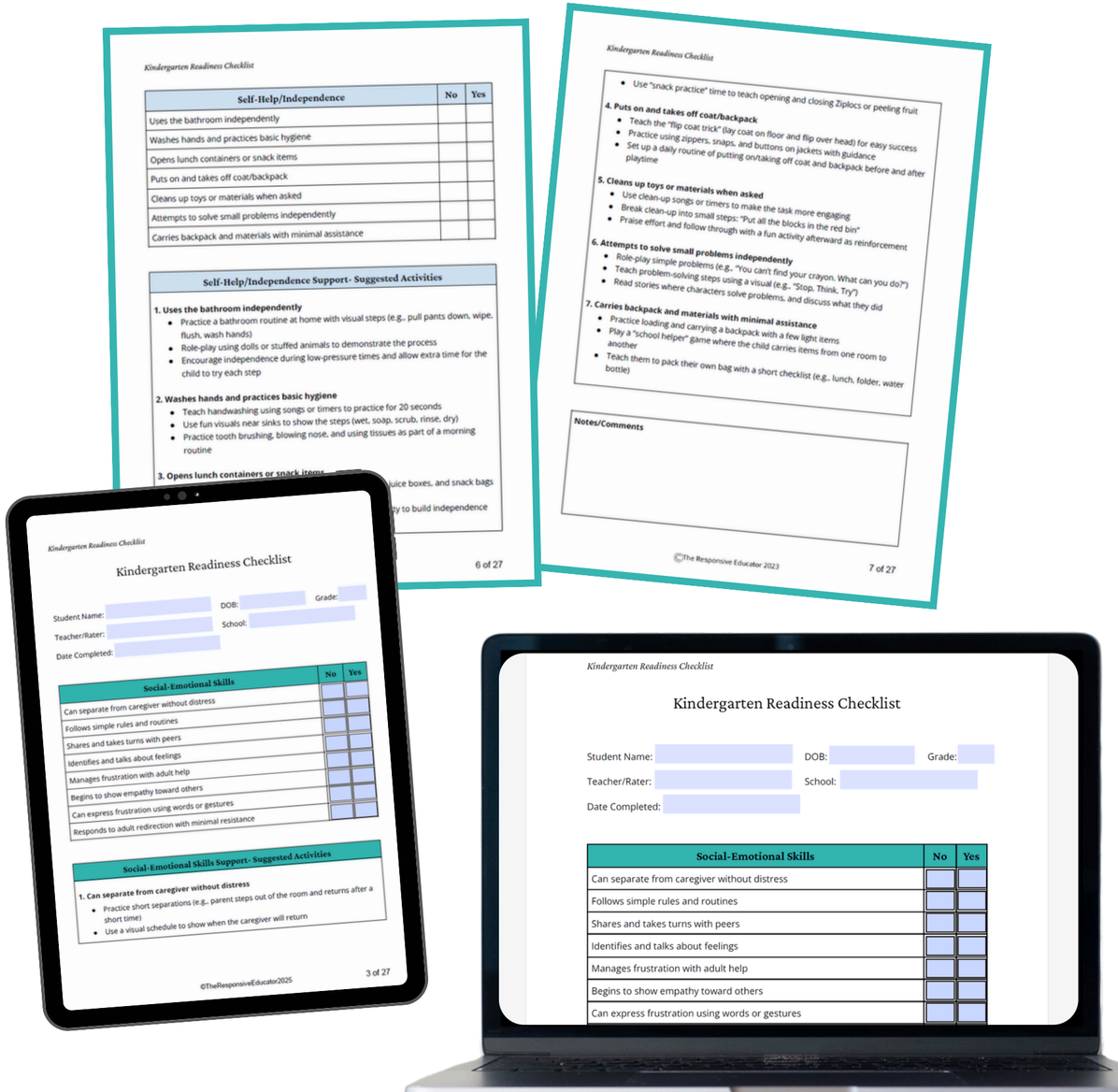
**SCROLL**
to take a look inside!

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# Use for IEPs / RTI / Kindergarten Transition Planning

## Ideal For:

- Pre-K & Kindergarten Teachers
- Special Education Teams
- Early Childhood Interventionists
- Family Support Specialists




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# Aligned with Kindergarten Readiness Standards

***Each domain includes a checklist of observable skills with suggested activities.**

- Social-Emotional
- Communication & Language
- Self-Help & Independence
- Creativity & Imagination
- Fine Motor
- Gross Motor
- Attention & Engagement
- Flexibility & Adaptability
- Persistence & Problem-Solving
- Pre-Academic Skills
- Curiosity & Initiative

11 Developmental Domains Included

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# How to Use This Resource

## 1 Identify strengths and needs

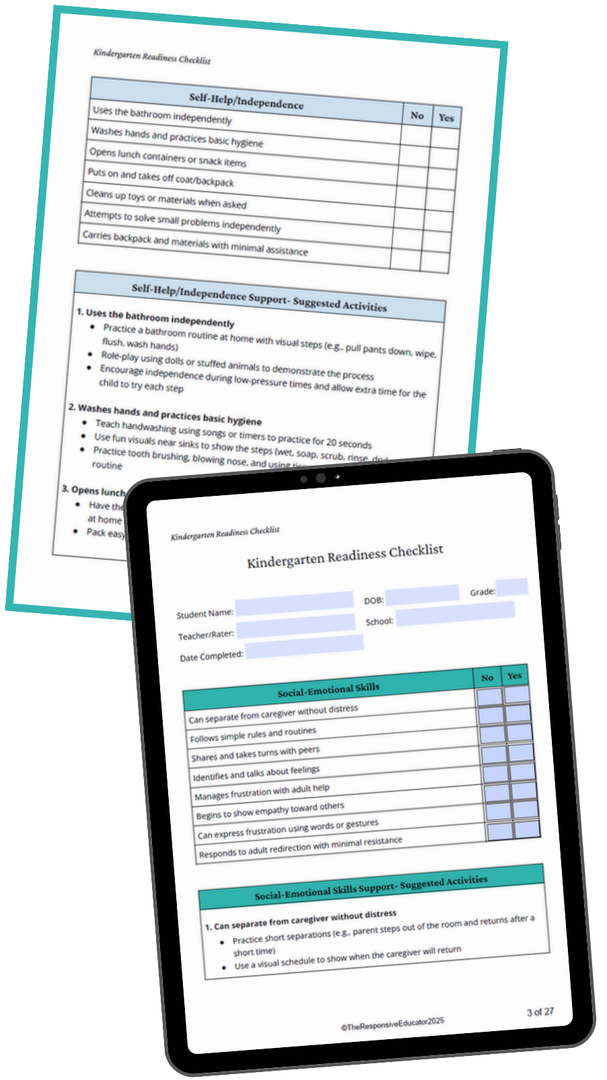
Use the checklist to observe and record current readiness skills.

## 2 Try play-based activities

Use the suggested activities to build skills in meaningful, developmentally appropriate ways.

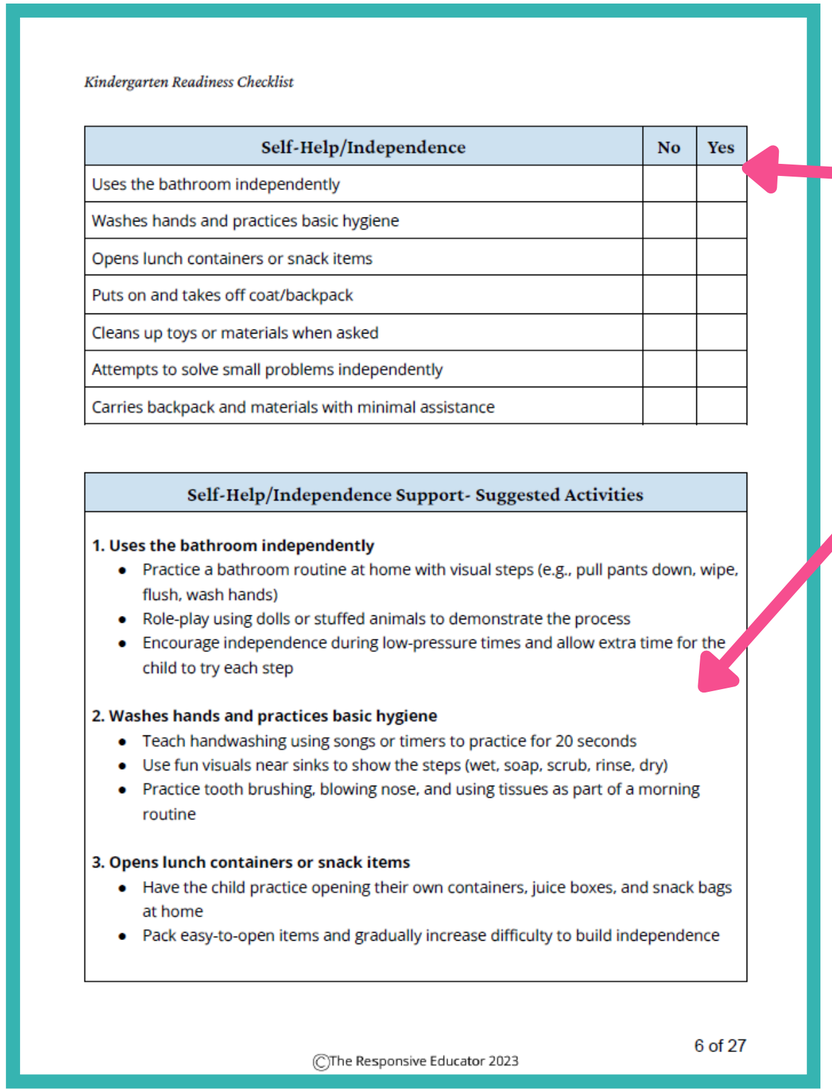
## 3 Track growth & support planning

Use notes/comments to document progress and inform IEPs, RTI, or transition planning




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# Detailed View



*Kindergarten Readiness Checklist*

| Self-Help/Independence | No | Yes |
|---|---|---|
| Uses the bathroom independently | | |
| Washes hands and practices basic hygiene | | |
| Opens lunch containers or snack items | | |
| Puts on and takes off coat/backpack | | |
| Cleans up toys or materials when asked | | |
| Attempts to solve small problems independently | | |
| Carries backpack and materials with minimal assistance | | |

**Self-Help/Independence Support- Suggested Activities**

**1. Uses the bathroom independently**
- Practice a bathroom routine at home with visual steps (e.g., pull pants down, wipe, flush, wash hands)
- Role-play using dolls or stuffed animals to demonstrate the process
- Encourage independence during low-pressure times and allow extra time for the child to try each step

**2. Washes hands and practices basic hygiene**
- Teach handwashing using songs or timers to practice for 20 seconds
- Use fun visuals near sinks to show the steps (wet, soap, scrub, rinse, dry)
- Practice tooth brushing, blowing nose, and using tissues as part of a morning routine

**3. Opens lunch containers or snack items**
- Have the child practice opening their own containers, juice boxes, and snack bags at home
- Pack easy-to-open items and gradually increase difficulty to build independence

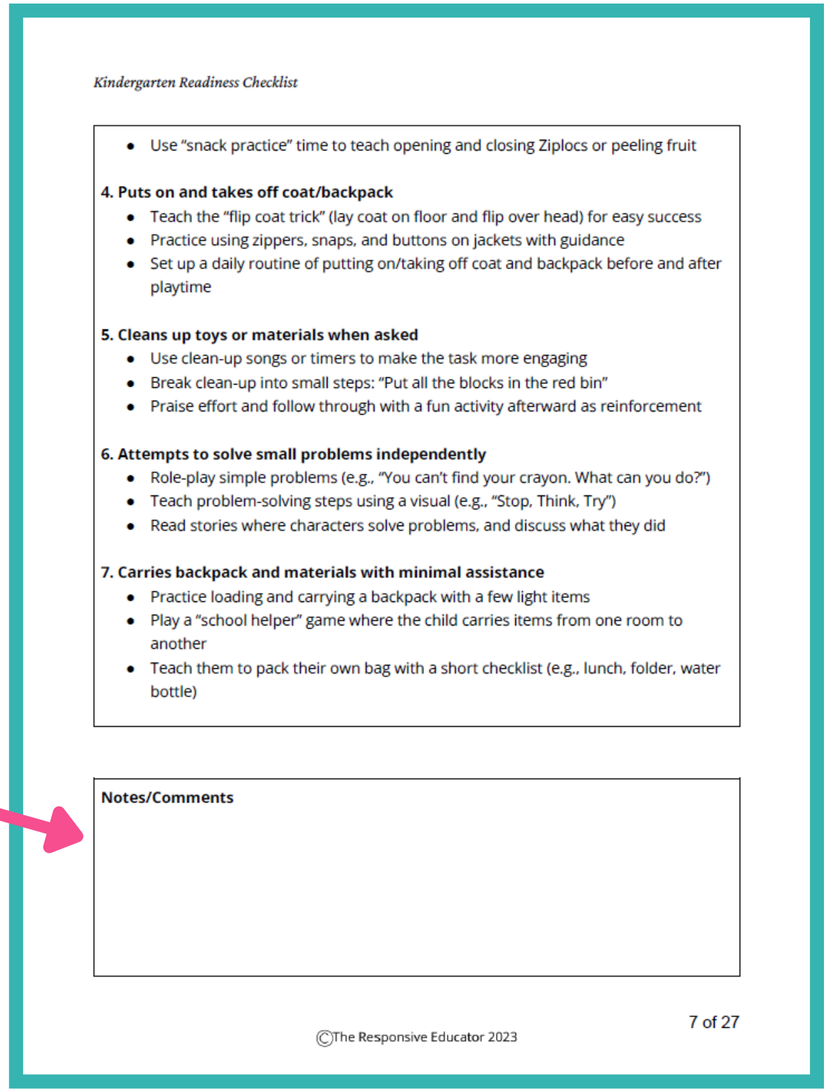
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**Student Skill Checklist**

**Suggested Activities**

**Notes/ Comments**



*Kindergarten Readiness Checklist*

- Use "snack practice" time to teach opening and closing Ziplocs or peeling fruit

**4. Puts on and takes off coat/backpack**
- Teach the "flip coat trick" (lay coat on floor and flip over head) for easy success
- Practice using zippers, snaps, and buttons on jackets with guidance
- Set up a daily routine of putting on/taking off coat and backpack before and after playtime

**5. Cleans up toys or materials when asked**
- Use clean-up songs or timers to make the task more engaging
- Break clean-up into small steps: "Put all the blocks in the red bin"
- Praise effort and follow through with a fun activity afterward as reinforcement

**6. Attempts to solve small problems independently**
- Role-play simple problems (e.g., "You can't find your crayon. What can you do?")
- Teach problem-solving steps using a visual (e.g., "Stop, Think, Try")
- Read stories where characters solve problems, and discuss what they did

**7. Carries backpack and materials with minimal assistance**
- Practice loading and carrying a backpack with a few light items
- Play a "school helper" game where the child carries items from one room to another
- Teach them to pack their own bag with a short checklist (e.g., lunch, folder, water bottle)

**Notes/Comments**

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