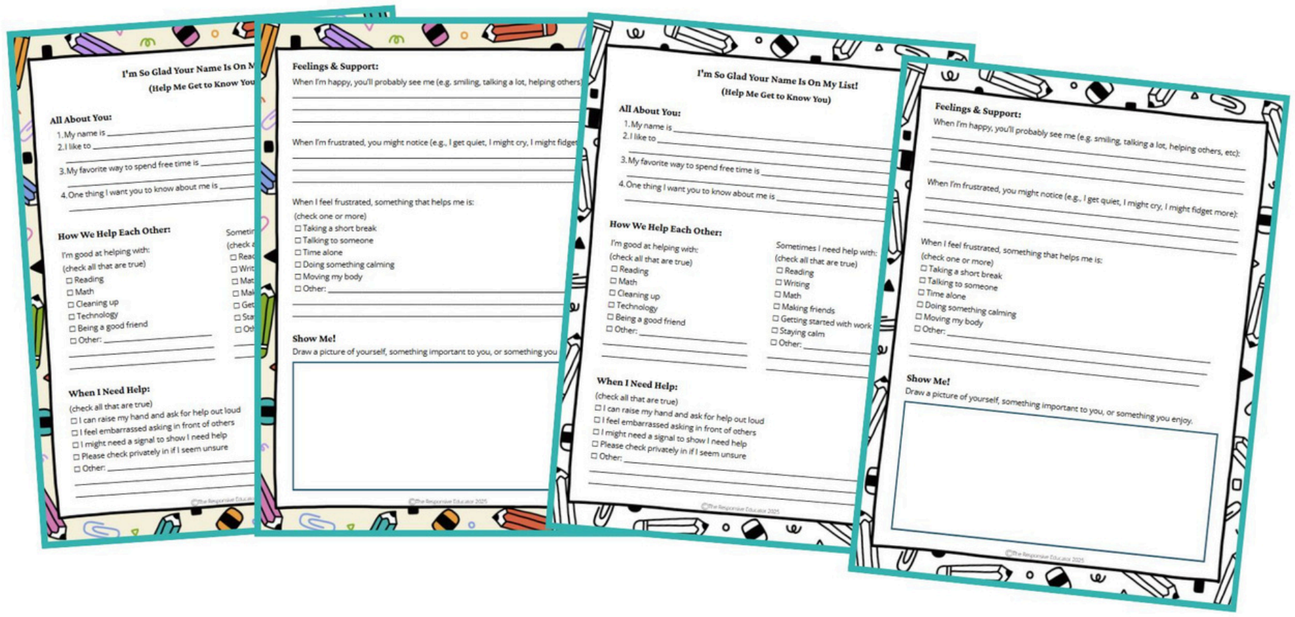
My Strengths & Support Needs

Back-to-School Student Worksheet



Community Building + Self-Advocacy

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Learn What Helps Each Student Succeed

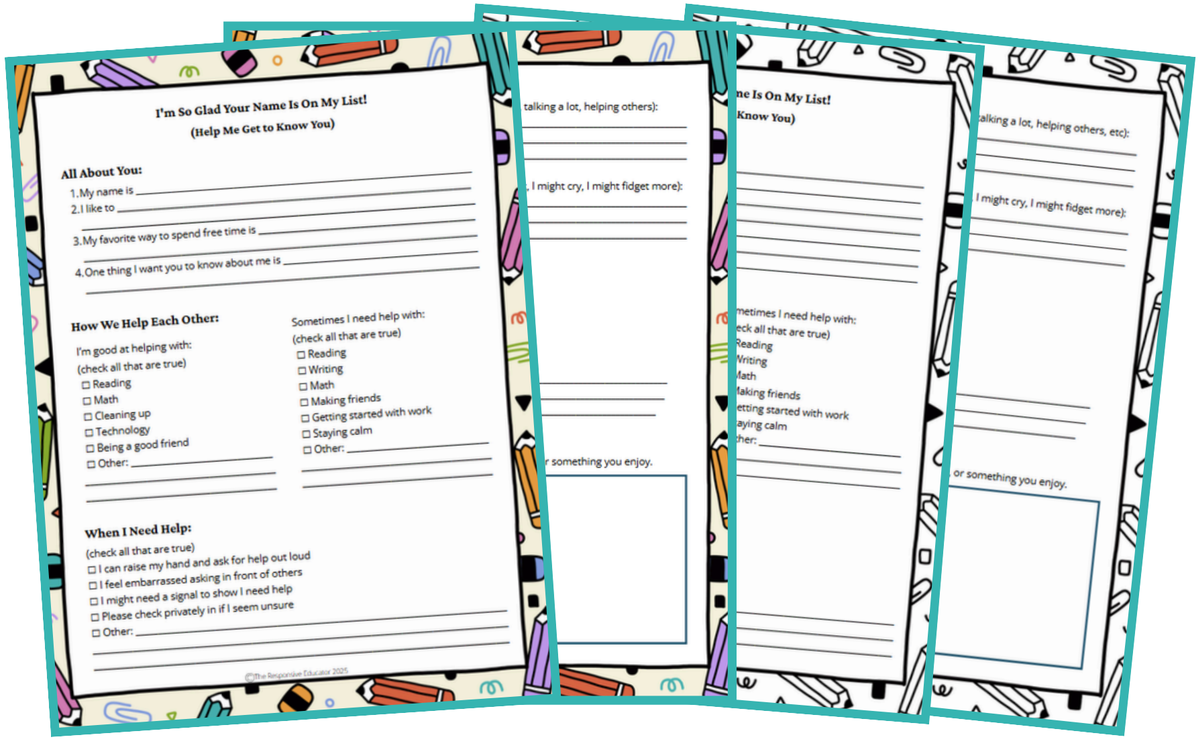
A Simple, Meaningful Tool for the First Week of School

SCROLL
to take a look inside!

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START THE YEAR WITH TOOLS THAT HELP YOU UNDERSTAND YOUR STUDENTS

- Build a classroom community where every student feels valued
- Learn what students are proud of — and what they might need help with
- Get an early window into students' self-awareness and emotional needs



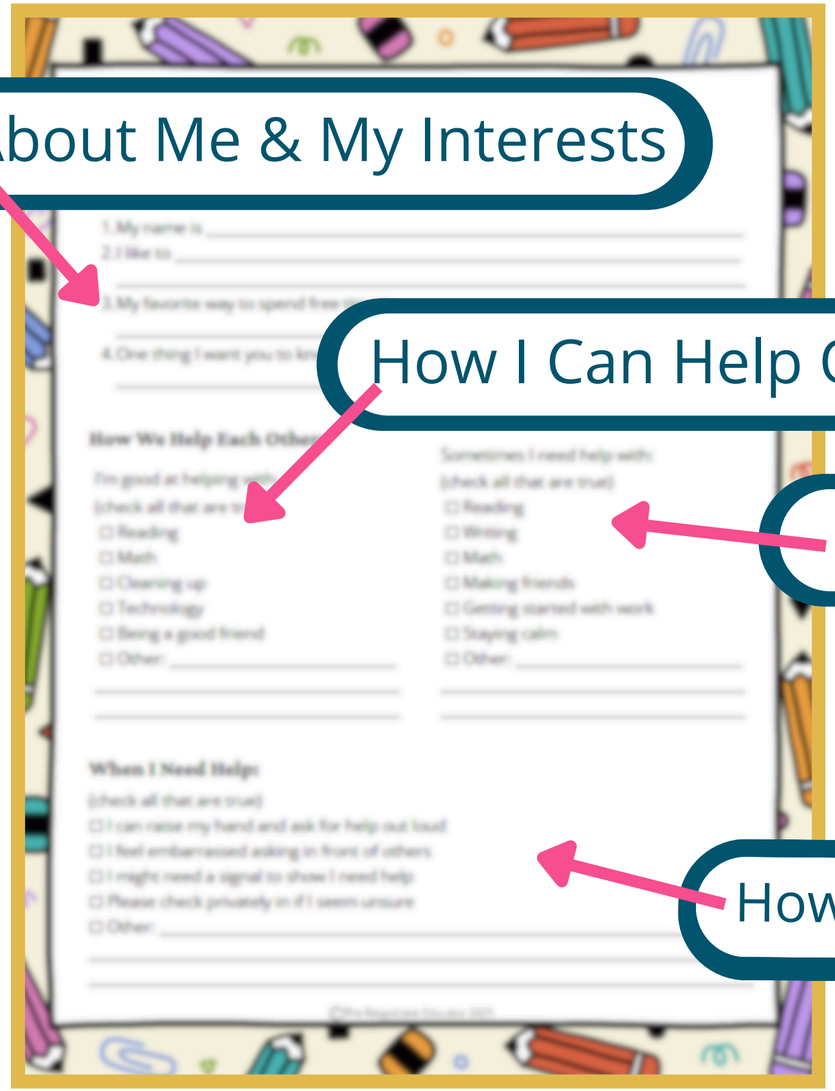
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More Than Just an "All About Me" Page

Traditional “All About Me” Pages	This Resource
✅ Favorite color, food, pet	✅ Strengths & things I can help with
✅ Basic interests	✅ Where I may need more support
❌ Rarely address emotions	✅ Recognizing my feelings & signs of frustration
❌ Don’t help you plan supports	✅ Gives real insight for classroom planning

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A Closer Look



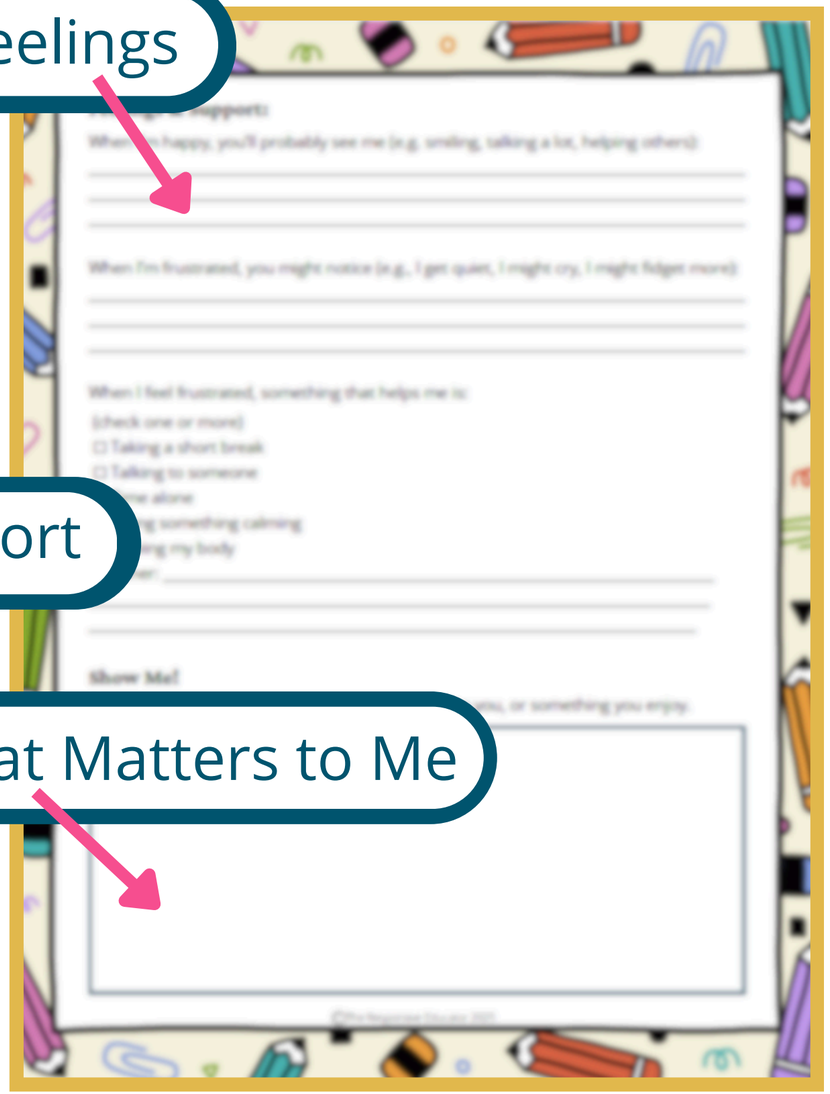
About Me & My Interests

How I Can Help Others

Where I May Need Support

How I React to Frustration

Recognizing My Feelings

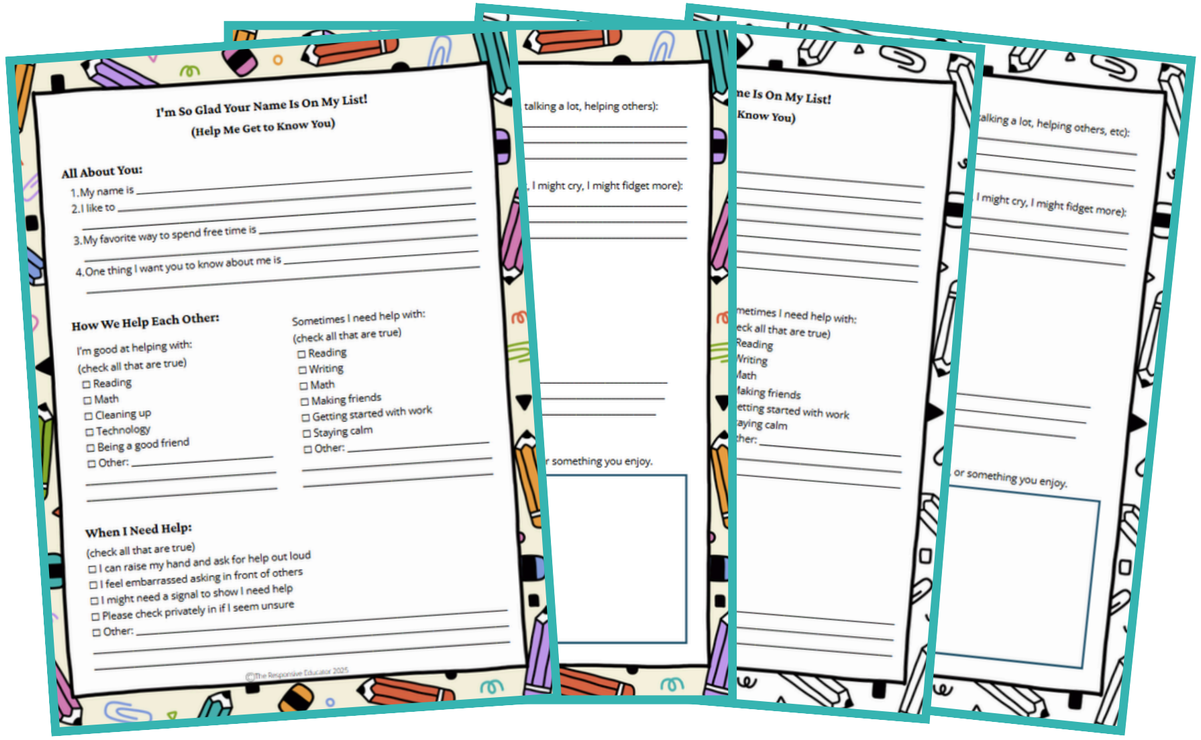


My Drawing: What Matters to Me

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What's Included

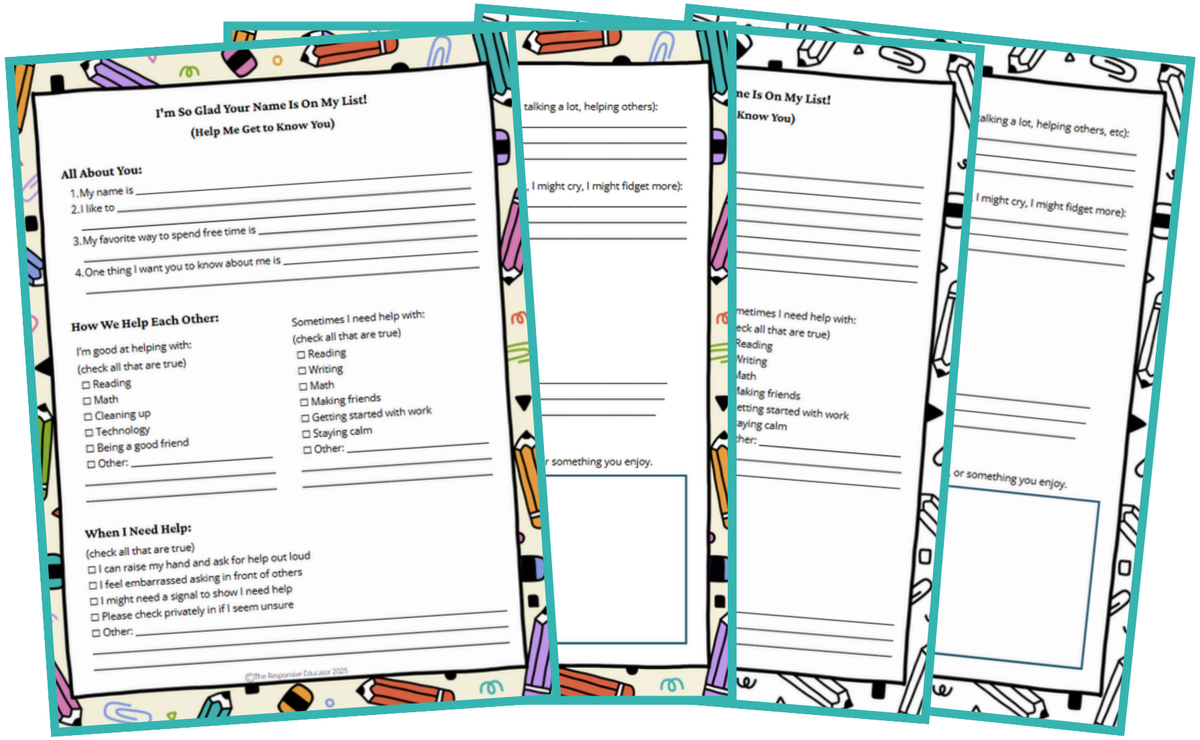
- Full color and black & white versions
- 2-page student form
- Reflection prompts to guide discussion
- Flexible use across grades & settings



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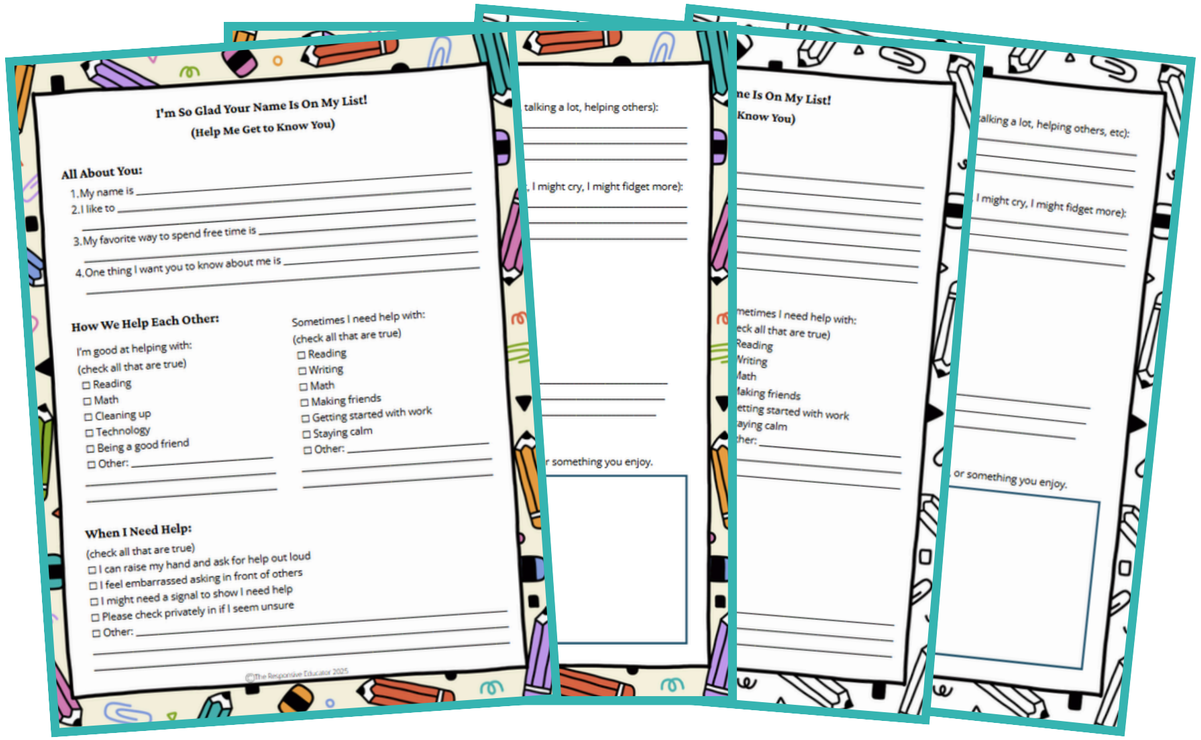
SIMPLE, FLEXIBLE, AND TEACHER-FRIENDLY

- Quickly gather meaningful student information
- Works for all grade levels and classroom types
- Supports academic, SEL, and behavior goals
- Print and use right away — no extra prep



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Build Stronger Connections Faster



- Understand students before problems arise
- Catch needs early for proactive support
- Help every student feel valued and capable

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